

Diabetic Nerve Pain Impact Tool

Take the results to your healthcare provider and talk about your answers. Remember, only your doctor or other healthcare provider can determine if you have diabetic nerve pain.

What does your pain feel like?

Diabetic nerve pain may have many symptoms. You may feel pain all the time or it may come and go. Check the boxes next to the words below that describe your pain.

- Burning
- Throbbing
- Shooting
- Stabbing
- Aching
- Irritated by touch, tender
- Other: _____

Circle the number that describes how much pain you feel (0=No pain, 10=Worst possible pain):



Where does it hurt?

Check the boxes next to the parts of your body where you feel pain.

- Arms
- Hands
- Fingers
- Legs
- Feet
- Toes
- Other: _____

How does the pain make you feel?

In the space provided, please share how your pain affects your life.

I feel: _____

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Knowing all of the medicines you are taking can help your healthcare provider determine which treatment is most appropriate for your pain.

Make a list of all of the medications you are currently taking in the blank spaces below.

1. _____
2. _____
3. _____
4. _____
5. _____

Take your results to your doctor.